



# Medication lubricant

*Making tablets easier to swallow*



The **FIRST** and **ONLY** medication lubricant available in Australia

## What do you currently use to administer medications?



Yoghurt



Fruit Puree



Orange Juice



Jam



Custard



Chocolate Pudding



Thickened Fluids



Ice Cream

None of these substances have been designed for use with medications and may impact the efficacy, side-effect profile and absorption of the drug

## Crushing or splitting medications can result in:



Increased risk of side-effects

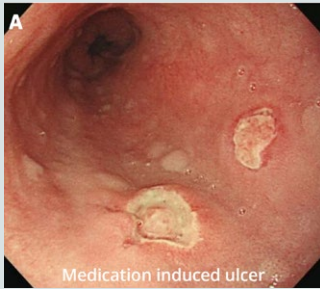


Decreased therapeutic effect

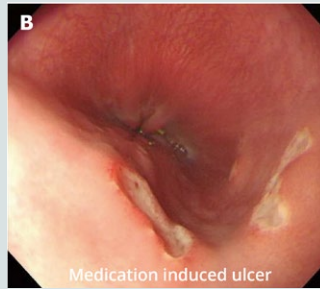


Loss of dose

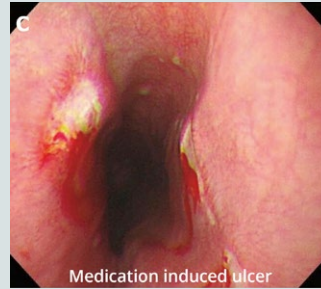
## Delayed oesophageal transit of medication may result in ulceration<sup>1</sup>



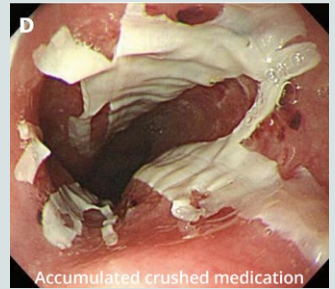
Medication induced ulcer



Medication induced ulcer



Medication induced ulcer

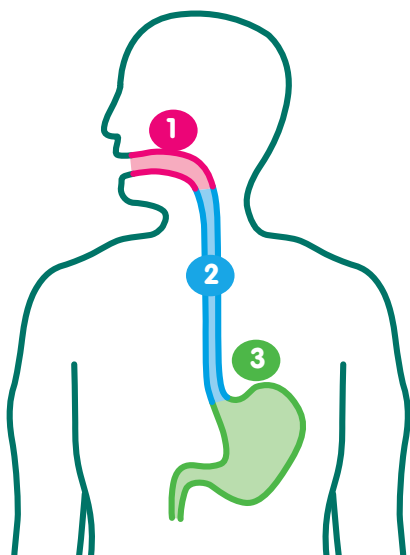


Accumulated crushed medication



# medication lubricant

## Gloup<sup>®</sup> can assist in 3 ways:



### 1. Oral

- makes medication easier to swallow
- reduces the need to crush medication
- masks the bitter taste of medication

### 2. Oesophagus

- reduces friction between the medication and oesophagus lining
- facilitates smooth oesophageal transit
- reduces the risk of medication getting stuck

### 3. Stomach

- designed to break down immediately once in the stomach, therefore having minimal or no impact on absorption

# Gloup® is a slippery gel that makes whole or crushed tablets EASIER TO SWALLOW

## Why should you use Gloup® ?

- Slippery gel that makes tablets easier to swallow and **may negate the need to crush**
- **No known drug interactions**
- Designed to break down immediately once in the stomach, therefore having minimal or **no impact on absorption**

## Clinical feedback

- Gloup® improved medication compliance <sup>2</sup>
- 90% of healthcare workers agree that Gloup® is an effective method to facilitate pill-swallowing <sup>2</sup>
- Gloup® reduced the need to crush pills <sup>2</sup>

## Available in 5 flavours and 2 thickness levels



## Which Gloup® is right for your patient?

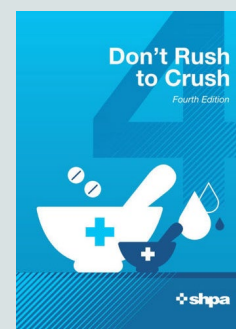
Product	Flavour	Level	Patient group
Gloup® Low Sugar	Raspberry	3 Moderately thick	Those on a low-sugar diet
Gloup® Original	Orange, Strawberry/Banana	3 Moderately thick	Appropriate for most patients
Gloup® Family	Lemon/Lime	3 Moderately thick	Appropriate for most patients
Gloup® Forte	Vanilla	4 Extremely thick	Severe dysphagia*

Compliant with the IDDSI standards (see <https://iddsi.org>) \*Only under the advice of a healthcare professional.



### The Australian *Don't Rush to Crush Handbook* by SHPA states...

"for some people, use of a medication lubricant can avoid the need to crush or disperse medicine" <sup>3</sup>



## First use of Gloop®



When using Gloop® for the first time, it is recommended to give a spoonful of Gloop® without a tablet

## How to use Gloop® with whole tablets



1. Place tablets on a spoon



2. Add approximately 5 mL of Gloop® ensuring tablets are well covered



3. Take medication



4. Depending on your condition, you may or may not swallow water after using Gloop®

## How to use Gloop® with crushed medications



1. Pour a layer of Gloop® into a medicine cup



2. Pour the crushed medication over Gloop®



3. Cover with another layer of Gloop®  
**Do not stir**

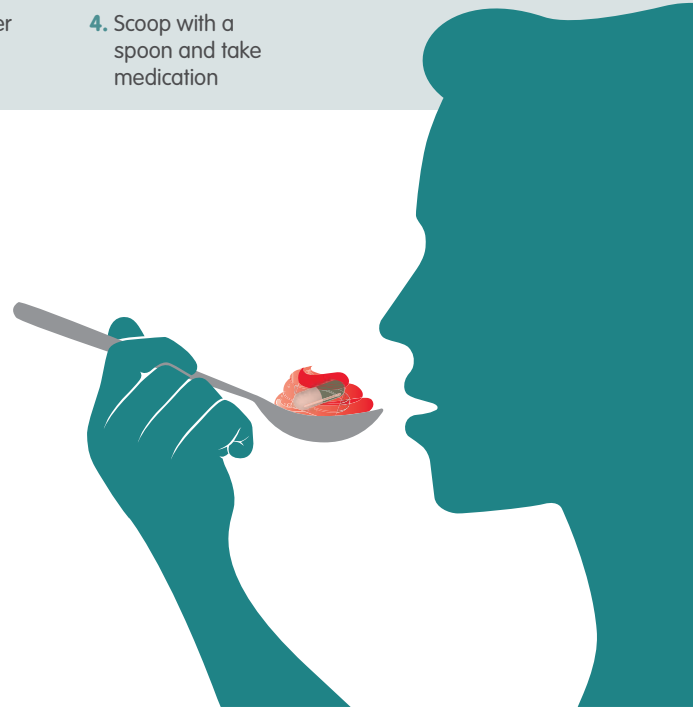


4. Scoop with a spoon and take medication

Gloop® should encapsulate the crushed medication, which reduces the bitter taste of the medication

## Key features of Gloop®

- Suitable from the age of 2+
- **60-day shelf-life** once opened; **2-year shelf-life** unopened
- Can be stored at **room temperature** or **refrigerated**
- Free from **gluten, gelatine** and **lactose**
- **Low-sugar option** available (raspberry only)
- Consists of **100% natural ingredients**
- Can be used with **whole or crushed** medications  
(follow healthcare professional advice for crushed medications)



**ORDER NOW** via your wholesaler or your local pharmacy



Watch Gloop® training video here: [www.gloop.com.au/training](http://www.gloop.com.au/training)

Always read the label. Follow the directions for use. If symptoms persist, consult a healthcare professional. Please consult a healthcare professional in the case of moderate-severe dysphagia.

1. Kim SH, Jeong JB, Kim JW, Koh SJ, Kim BG, Lee KL, Chang MS, Im JP, Kang HW, Shin CM. Clinical and endoscopic characteristics of drug-induced esophagitis. World J Gastroenterol. 2014 Aug 21.
2. Marwa O. Malouh, et al. Experiences with using Gloop® medication lubricant: What do Australian aged care facility healthcare workers think?
3. SHPA, Don't Rush To Crush Handbook, 4th Edition, 2021. p. 26.

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